

NEW

“FORGET ME NOT” and
“The Newent Veg Out Zone” are supporting an
ALL INCLUSIVE
Gardening Activity in Newent run by...

Haygrove

Community Gardens



“Table Top” and “Accessible” Gardening Club & Drop In



Open to **ALL** who enjoy gardening
(includes carer if appropriate)

Newent Community Centre, Ross Road, Newent
10.00am-12.00pm

First Session takes place on
Monday 10th December 2018
thereafter on the 2nd Monday of each month.



Further details and to register expressions of interest (with no commitment)
contact Sarah Davies, Community Enabler on 07914538616 or
sarah.davies@fdean.gov.uk

Happy Christmas to you all from Sarah and Forget Me Not!

**Why not find Forget Me Not on Facebook, search for
ForgetMeNotandSarah, or enter the URL
<https://www.facebook.com/forgetmenotandsarah/>**

For FREE Dementia Awareness Sessions, please do not hesitate to contact me:
email: sarah.davies@fdean.gov.uk telephone: 07914 538616
Dementia Friendly Community Enabler for Forest North Areas



Forest of Dean
— DISTRICT COUNCIL —